



# Lincoln-Hubbard After School Activities Fall 2017

Dear Parents,

On behalf of the Lincoln- Hubbard PTO, we are pleased to announce the Fall 2017 After School Activities!

These activities are a great way for your child/children to explore something new, make new friends and have fun!

The Fall schedule consists of some old favorites, as well as a couple of new ones. Once again, L-H teacher involvement helps to make these programs a success and we are so grateful for their time and support.

Please feel free to contact us with any questions.

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Registration Forms due: **Friday, September 15<sup>th</sup>**

# Lincoln-Hubbard After School Activities Fall 2017

## **Monday, 3:05-4:05pm**

September 25

October 2, 9, 16, 23, 30

November 13

## **Grades 1-5**

Golf

## **Tuesday, 3:05-4:05pm**

September 26

October 3, 10, 17, 24

November 14, 21

## **Grades 1 and 2**

Lego Architects

## **Grades 2-5**

Mindfulness

## **Grades 3-5**

Baking

Baseball

## **Wednesday, 3:05-4:05pm**

September 27

October 4, 11, 18, 25

November 1, 15

## **Grades 1-2**

STEAM

Arts & Crafts

## **Grades 1-5**

Yoga

## **Grades 3-5**

Behind the Scenes

Aeronautics

## **Thursday, 3:05-4:05pm**

September 28

October 5, 12, 19, 26

November 2, 16

## **Grades 1 and 2**

Aeronautics

Girl Power

## **Grades 3-5**

STEAM

Arts & Crafts

# Monday Classes

## ***Golf***

**Instructor: Nick Meltzer**

**Grades 1-5**

**Cost: \$140**

TGA makes it convenient and fun for your child to learn and play golf! The curriculum has been specially designed by industry-leading golf professionals and education specialists to ensure that the lesson plans are age-appropriate and easy to understand and retain. Students will experience a mix of golf instruction, rules and etiquette lessons, educational components, character development lessons and physical activity as they advance through the five-level program.

# Tuesday Classes

## ***Lego Architects***

**Instructor: Mrs. Kovach**

**Grades 1-2**

**Cost: \$110**

Do you love working with Legos? Use your imagination to create and construct original scenes and structures out of Legos and make new friends in the process!

## ***Mindfulness***

**Instructor: Mrs. Stubeck**

**Grades 2-5**

**Cost: \$110**

In this course, students will be introduced to the practice of mindfulness which can be defined as paying attention to what is happening in the present moment. Through guided practice and workbook/journal activities, students will experience the benefits of mindfulness as they learn to use it to respond to any situation. Learning to respond to life's stressors is an important life skill. Research suggests many benefits from practicing mindfulness, among them the strengthening of attention and self-control, the relaxing of the body and mind, and a heightened sense of gratitude and compassion. The course will follow the secular K-5 curriculum offered through Mindful Schools and will include practice in areas including mindful breathing, listening, movement, seeing, eating, as well as gratitude and heartfulness.

## ***Junior Bakers***

**Instructor: Mrs. Jordan**

**Grade 3-5**

**Cost: \$110**

During this class, students will learn how to measure, mix, and bake as they follow fun recipes, and also how to use a variety of decorating tools and techniques that transform their cupcakes and mini cakes into edible works of art!

## ***Baseball***

**Instructor: Mr. Hornung**

**Grades 3-5**

**Cost: \$110**

Learn to play baseball and work on your skills through games such as home run derby, running bases, relay races, and Mr. Hornung's personal favorite "BaSockEy," a mixture of baseball, soccer, and hockey. No experience required!

# Wednesday Classes

## ***STEAM Exploration***

**Instructor: Ms. Smith**

**Grades 1-2**

**Cost: \$110**

Explore the world of STEAM (science, technology, engineering, arts, and math) with weekly challenges. Kids will brainstorm, build, decorate, and test their designs. Projects will include problem solving, creativity, logic, and lots of fun through exploration and discovery.

## ***Arts & Crafts - NEW***

**Instructor: Ms. Fano**

**Grades 1-2**

**Cost: \$110**

Arts and Crafts classes are a fun way to promote creativity in kids. Through using their hands to form objects, this type of instruction allows children to bring their thoughts and ideas into reality. Join Miss Fano after school to create and craft!

## ***Yoga***

**Instructor: Loft of Yoga**

**Grades 1-5**

**Cost: \$110**

This program will focus on teaching students yoga postures, breathing techniques and relaxation techniques in a non competitive, FUN and supportive environment. We will use games, music and group poses to give our students a strong foundation to start a yoga practice.

## ***Behind the Scenes – Wizard of Oz***

**Instructor: Mrs. Yospin & Mrs. Jordan**

**Grades 3-5**

**Cost \$110**

Work behind the scenes with Mrs. Yospin and Mrs. Jordan to help create the sets for LH's upcoming play, *Wizard of Oz*. Interview the director, Kerri Lesnick, to determine her vision, let your creative juices flow as you brainstorm ways to create the set, then roll up your sleeves and get a little dirty while you help create the actual design.

## ***Aeronautics - NEW***

**Instructor: Smartycat Kids**

**Grades 3-5**

**Cost: \$120**

During our new *Aeronautics Exploration* program, we will explore the science of flight! Students will design, build, and test machines that are capable of flying through the air. We will test various types of planes, gliders, and rockets in order to explore engineering and the physical forces that affect the flight of our machines.

# Thursday Classes

## ***Aeronautics - NEW***

**Instructor: Smartycat Kids**

**Grades 1-2**

**Cost: \$120**

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## ***Girl Power - NEW***

**Instructor: Smartycat Kids**

**Grades 1-2**

**Cost: \$120**

Our all new *Girl Power!* Program will encompass a wide variety of activities for our girls to enjoy – from jewelry making and fashion design, to creative art projects, to team building games and leadership skills.

## ***STEAM Exploration***

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**Grades 3-5**

**Cost: \$110**

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# General Information

## Schedule

Classes will run on either Mondays, Tuesdays, Wednesdays, or Thursdays for seven non-consecutive weeks. Please check your calendar and make note of the specific days. Not all weeks are consecutive.

## Confirmation and Room Assignments

Confirmation and room assignments will be emailed prior to the start of the program. During the first week of the session escorts will be available to take the 1<sup>st</sup> graders to their classes. If you ever have any concerns, feel free to escort your child to his/her class throughout the session. If you wish to do so, please call Yvonne Travers in the main office prior to arrival and remember to sign in/out at the main office.

## Pick-up Procedure

After School Activities are PTO sponsored programs. They are not a Lincoln-Hubbard program. It's the responsibility of the parent to ensure his/her child is picked up on time. **ASAs end promptly at 4:05PM. Children will be dismissed from the Upper Crescent Avenue doors by the class teacher.** Only those listed as approved people on your registration form may pick-up your child.

## Class Cancellations

There is one make-up class scheduled for the session due to a class being cancelled for weather or a last minute emergency.

## Scholarships

PTO scholarships are available. Mr. Carlin will review all need-based scholarships. Please call him in the office at 273-1333. If you're applying for a scholarship, please send in your registration form with a note indicating that Mr. Carlin is reviewing for a scholarship. Do not wait for his approval before signing up.

## Snacks

Snacks will not be provided. But, please feel free to send a nut free one in for your child.

## Food Allergy Policy

Many of the rooms are nut-free during the school day. Please respect this rule. It's for the safety of our children. The ingredients used in the Little Bakers class are tree-nut and peanut free. We are unable to accommodate gluten allergies.

# Registration Procedures

Complete a separate registration form for each child and each course. Forms may be copied if needed.

Return the form to your child's teacher on or before **Friday, September 15th.**

All checks should be made out to Lincoln-Hubbard PTO. Attach a separate check for each class.

Registration will not be done on a first come first serve basis. There will be a lottery for classes that are over-subscribed. If you have previously been bumped from a class, you will be placed in the class of your choice prior to the lottery.

If needed, the lottery will be held on September 18<sup>th</sup>.

If we don't meet the minimum numbers of students per class, we will need to cancel the class.

You will be notified of the classes your child is in by **Wednesday, September 20<sup>th</sup>.** If you do not get into your first choice class you will be given the opportunity to sign up for another class or will be issued a refund.

We will be offering one make-up for classes that are cancelled due to weather.

**\*\*\*Please note, each ASA registration requires a separate form and check.**

# Lincoln-Hubbard ASA Registration Form

Please submit a separate registration form for each course and each child. All checks should be payable to Lincoln-Hubbard PTO.

Child's Name: \_\_\_\_\_

Child's Grade and Class: \_\_\_\_\_

ASA Course: \_\_\_\_\_

ASA Course Cost: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

## Pick-up Information

My child will be picked up by: \_\_\_\_\_

My child has permission to walk home if it is before 4:15pm

My child has permission to return to the after school Connection program at the end of class

Registration Forms due: **Friday, September 15<sup>th</sup>**

**\*\*\*Please note, each ASA registration requires a separate form and check**