



Think...
Have Empathy
Respect Differences
Identify Feelings
Value Yourself
Emanate Kindness

Dear Parents & Guardians,

This is our third newsletter of the year to keep you up to date on the progress of the *THRIVE* program. As we've described, *THRIVE* combines the teaching of anti-bullying skills and social-emotional skills to help ensure that all of our children will thrive both socially and academically!

The third lesson was recently delivered to every K-5 student in the Summit Public Schools and covered the topics of:

The Difference Between Tattling and Reporting (K-2) (please be aware that K-2 is learning feelings through their Zones of Regulation curriculum)
Recognizing and Understanding Feelings (3-5).

Each month we are providing you with lesson objectives and a link to the curriculum in order to allow you to reinforce the lessons at home, making *THRIVE* a truly collaborative effort. Each month we are providing you with lesson objectives and a link to the curriculum in order to allow you to reinforce the lessons at home, making *THRIVE* a truly collaborative effort. To keep track of what your child discussed today, you can access all lessons on the *THRIVE* website.

FAQs:

1. ***Where do I find the lessons?*** Click here: [THRIVE website](#)
2. ***Why can't I view some of the videos?*** Some videos may contain pictures of Summit students. This is a privacy issue since our website is live on the internet.
3. ***What if my child was absent on the day of the lesson?*** You can access the lesson and materials on the website and review it with your child.
4. ***What if I have questions about a lesson?*** You can contact your child's teacher or school counselor.

~The Summit K-5 Thrive team